

Sharing Our Stories...

Everyone experiences doubts in their relationship with God at one time or another.

- What did Jesus mean to you when you were growing up?
- How did you and your family see Him?
- What does Jesus mean to you now?
- On a scale of 0 - 100%, how sure are you that you have eternal life?
- Are there questions or uncertainties you have had about Jesus Christ and your relationship with Him?

Reflecting on our Struggles...

Reflect on the effects that doubts and uncertainties can have on relationships

Imagine a newly married couple that is struggling with many doubts...

About the relationship: Will this really last?
 About the partner: Will my partner be faithful to me?
 About themselves: Do I really love them? Am I really committed?



Common Questions & Uncertainties people have...

- **Who is Jesus?** Quién es Jesús?
 - Is He really who I think He is?
 - What does He want to do in **my life**?
- **What does He really want from me?**
 - Do I need to keep asking Christ to come in to **my life**?
- **Can I lose my relationship with Him?**
 - Was I sincere enough?

Discussion Questions...

- How can doubts like these affect a marriage? Why?
- How could similar doubts have an impact on our relationship with Jesus? Why?
- How could having a confidence and assurance of Jesus' commitment to us affect our relationship with Him?

Jesus - La Solución

John wrote a letter to help give confidence to believers. They were becoming confused and uncertain of their relationship with God by false teachers (1 John). As you read the following Scripture, use the questions to help you discover how John helped them deal with their uncertainty.

(5:9) Testimony means...A declaration by a witness under oath; evidence in support of a fact or assertion; proof.

- What makes a testimony trustworthy?

- What is God's testimony about?

(5:10)

What is true if we believe God?

What is true if we don't believe God?

(5:11) God's testimony says two things are true? What are they?

1 John 5:9-13

9We accept man's testimony, but God's testimony is greater because it is the testimony of God, which he has given about his Son. 10Anyone who believes in the Son of God has this testimony in his heart. Anyone who does not believe God has made him out to be a liar, because he has not believed the testimony God has given about his Son. 11And this is the testimony: God has given us eternal life, and this life is in his Son. 12He who has the Son has life; he who does not have the Son of God does not have life. 13 I write these things to you who believe in the name of the Son of God, so that you may know that you have eternal life.

(5:12)

What two kinds of people does God talk about here?

Is it possible to have the Son and not have the life? _____

Is it possible to not have the Son and still have the life? _____

Is it possible to think you have the life but don't? _____

Is it possible to have the life but not be sure? _____

Continued...

(5:13)

To whom is John writing these things?

Why does he write them?

Does John believe we can know we have eternal life?

The Issue

How do I know I have the Son?

A. Read John 3:16.

What two possible destinies are described in this verse? _____

Which destiny does God desire for us? Why? _____

B. Read Romans 6:23.

What type of wage do we earn according to this verse? How? _____

What does God desire to give us? How? _____

C. Read Romans 5:8.

What caused God to give His Son to die for us? _____

Why did Jesus have to die? (Think about both verses from Romans) _____

D. Read Ephesians 2:8,9

Grace is a gift we get from God we don't deserve. How would you define faith?

According to this verse, can I gain eternal life through my own efforts? _____

E. Read John 5:24.

According to this verse, what is my part in salvation? _____

Christ died on the cross to pay the penalty for our sins

He rose from the dead and is now alive as the Lord of life.

*Each person who hears the message, turns from going their own independent way, and trusts **Jesus Christ** to be their*

Savior, passes from "death" to "life"

Look back at 1 John 5:11-13.

Reflect on your life and relationship with Christ.

- Of the 2 lives described by God, which would you say represents you?

- Based on what we learned from the Bible, On a scale of 0 - 100%, how sure are you that you have eternal life now? _____

Summary:

Based upon the promises given by God, everyone who has the Son can be assured that they have eternal life. Let what Jesus did for you capture your heart to believe in Him for eternal life.

Taking Steps: How can I continue to grow in Confidence? (For Further Study)

John wrote many other things to help give us confidence:

- To those who were uncertain about Jesus and whether they believed in Him, he wrote the Gospel of John (see John 20:30-31).

Read the Gospel of John. Look for evidence that Jesus is the Son of God. Look for some ways we can respond to Him.

- To those who believed in Jesus but were uncertain about eternal life, he wrote the letter known as 1 John (see 1 John 5:13).

Read 1 John. Circle the statements with the word know. Look for what these statements tell us about:

What God wants us to believe.

Where we can be loyal to Him.

What love looks like when He is the source.

The Destino movement

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Overcoming Feelings of Unworthiness & Experiencing Forgiveness

NEXT LESSON: