

Sharing Our Stories...

Because of our relationship with Christ, we have a genuine desire to be like Him. Yet we often find ourselves failing to do so and feeling helpless. In fact, living the Christian life often seems impossible.

- Since becoming a follower of Christ, how have you experienced frustration in your Christian life?
- What comes to your mind when you think of the Holy Spirit?

Reflecting on our Struggles...

What thoughts and emotions occur when you are unable to do something you want to do? Why?

When we are frustrated or feel helpless to live the Christian life, we should consider **four** possible reasons:

- We lack the necessary power or ability to live the Christian life.
- We have the power and ability, but we don't know that we have it.
- We know we have the power and ability, but we don't know how to use it.
- We know how to use the power and ability, but we choose not to use it.

We will discover that we do have the power and ability to live the Christian life and how we can use it.



Think About it

Suppose you did everything you could to imitate a world-class musician, social activist, professional athlete, or another famous person. The level of frustration you would experience would be in direct proportion to the difference in ability between you and your hero.

Jesus Christ is the only one who ever perfectly lived the Christian life. We are to imitate Him (Ephesians 5:1-2).

How much difference is there between His ability to live the Christian life and yours?

Exploring the Solution

Paul is writing to a church family struggling to live consistent Christian lives. They have become divided and even formed cliques, claiming to follow different leaders. In this section, Paul is talking about the power or ability needed to understand God's truth and live a consistent Christian life

Read and Circle the word Spirit each time the word is used.

Who is the Spirit? v.11

The Spirit works in many ways in the believer's life, what is one of His purposes according to 2:12?

Three spiritual conditions are described in this passage

Look how each condition influences the Spirit's ability to fulfill His purpose.

1 How is the spiritual condition of the person in 2:14 described?

How much spiritual truth does this person understand? Why?

2 How is the spiritual condition of the person in 2:15-16 described?

How much spiritual truth does this person understand? Why?

1 Corinthians 2:9-3:3

9However, as it is written: "No eye has seen, no ear has heard, no mind has conceived what God has prepared for those who love him" - 10but God has revealed it to us by his Spirit. The Spirit searches all things, even the deep things of God. 11For who among men knows the thoughts of a man except the man's spirit within him? In the same way no one knows the thoughts of God except the Spirit of God. 12We have not received the spirit of the world but the Spirit who is from God, that we may understand what God has freely given us. 13This is what we speak, not in words taught us by human wisdom but in words taught by the Spirit, expressing spiritual truths in spiritual words. 14The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them, because they are spiritually discerned. 15The spiritual man makes judgments about all things, but he himself is not subject to any man's judgment: 16"For who has known the mind of the Lord that he may instruct him?" But we have the mind of Christ. 3Brothers, I could not address you as spiritual but as worldly - mere infants in Christ. 2I gave you milk, not solid food, for you were not yet ready for it. Indeed, you are still not ready. 3You are still worldly. For since there is jealousy and quarreling among you, are you not worldly? Are you not acting like mere men?

#3

How is the spiritual condition of the people in 3:1-3 described?

How much spiritual truth are they able to understand? Why?

How would you summarize what Paul is saying about the Spirit and our spiritual condition?

[It is important to note that there are individuals who may think they are Christians but who have not made sincere decisions for Christ. The reason they fail to experience the Christian life or grow spiritually is that Christ is not in their life.]

Summary:

When a person begins a relationship with Christ, it's important to grow in the experience of His Spirit in order to understand spiritual truth and have the power to live the Christian life. God's design is for us to be filled (that is, directed and empowered) by the Holy Spirit as an ongoing experience.

2 We are filled with the Spirit by faith

Jesus pictured believers as coming to Him by faith to drink from the living water, which is His Spirit, so their thirst would be quenched. (John 7:37-39).

3 Are we feeling dry and thirsty for Christ in our lives? What is our part?

D- Desire Do you desire to be filled (that is, directed and empowered) with the Spirit?

R - Repent Are you turning from known sin and confessing it to God?

Y - Yield Are you surrendering control of your life to Christ?

The Issue

What is God's design for the Christian Life?

A. Before I received Christ and became a follower of Him, what was my spiritual condition? What was true of my ability to understand the things of God? Why?

B. When I received Christ and He entered my life, I became spiritually alive and was given the gift of the Holy Spirit promised to every true believer. (John 7:37-39)

C. God intends for me to continue growing in my relationship with Him, learning how to live the Christian life and relying on His Spirit to work within me to give me power and understanding. According to Galatians 5:22-23, what would be the result?

D. But there is another possibility. I could fail to grow in my Christian life and never learn how to experience the power God has given me by His Spirit. What would my life be like then?

Taking Steps: Being filled with the Spirit

1 Read Ephesians 5:18

Describe the analogy being made here.

What are we commanded to do?

The Spirit-filled life is a life that is directed by Christ, where we allow Him to live His life in and through us in the power of the Holy Spirit.

A simple prayer to God expresses our faith as we ask Him to fill us with His Spirit as He commanded us to be in Ephesians 5:18. It's not a magical formula just faith in the form of a prayer.

If it is His desire for us to be filled, do you think He will answer us when we ask? Thank Him that He will direct and empower your life as you continue to trust Him.

NEXT LESSON:

Overcoming *Feeling Unprepared* & **Becoming Equipped**